

Shakti Ayurveda School  
Ayurvedic Wellness Coach (Level 1) Certification  
2024 Schedule

Overview:

- Lectures on most Wednesdays 2-5 PM (3hrs)
- Most classes will be live stream, some may be pre-recorded but will be released at the same times as live streams.
- All times listed in **Eastern US Time**
- Please note, it can take up to 3 hours before a live stream is posted to the classroom due to the processing time of the video file.
- [Time zone calculator](#)

**Lectures**

**Wednesday - January 17 – Module 1**

Wednesday - January 24

Wednesday - January 31

**Wednesday - February 7 – Module 2**

Wednesday - February 14

Wednesday - February 21

**Wednesday - February 28 – Module 3**

Wednesday - March 6

Wednesday - March 13

**Wednesday - March 20 – Module 4**

Wednesday - March 27

Wednesday - April 3

Wednesday - April 10

Wednesday - April 17

**Wednesday - April 24 – Module 5**

***Spring Recess: NO CLASSES April 29 - May 3***

Wednesday - May 8

Wednesday - May 15

Wednesday - May 22

**Wednesday - May 29 – Module 6**

***May 31st - Mid-Term Quiz will be released. Please finish it by August 31st.***

Wednesday - June 5

Wednesday - June 12

Wednesday - June 19

Wednesday - June 26

Wednesday - July 3

Wednesday - July 10

**Wednesday - July 17 – Module 7**

Wednesday - July 24

Wednesday - July 31

***Summer Recess: No Classes August 6-13***

Wednesday – August 14

Wednesday - August 21

Wednesday - August 28

**Wednesday - September 4 – Module 8**

Wednesday – September 11

Wednesday - September 18

Wednesday - September 25

Wednesday - October 2

**Wednesday - October 9 – Module 9**

Wednesday - October 16

**Wednesday - October 23 – Module 10**

Wednesday - October 30

Wednesday - November 6

Wednesday - November 13

**Wednesday - November 20 - Module 11**

***Thanksgiving Recess: No Classes November 23-29***

Wednesday - December 4

Wednesday - December 11

Wednesday - December 18